



# 27th Annual Educational and Awareness Conference Presented by the Kentucky Council on Problem Gambling (KYCPG)

with Sponsorship Support from the Kentucky Department of Behavioral Health, Developmental and Intellectual Disabilities

Presented at the Owensboro Convention Center, Owensboro, Kentucky  
March 7-8, 2024.

**Virtual Attendance Available**

**Registration Required to Receive CEU Credit**

KYCPG's 27th Annual Educational and Awareness Conference is a learning opportunity to gain critical knowledge of gambling addiction, prevention, and treatment practices. The theme, **Improving Awareness and Treatment of Gambling Disorder** reflects the maturing evidence of recognizing, minimizing and treating problem and addicted gambling. It is open to anyone wishing more information on gambling's impact on individuals, families, and society. It is particularly relevant to behavioral counselors and prevention specialists confronting or preparing for the rising incidence of the addiction. **The conference also will feature a breakout presentation on electronic/video gaming addiction.**

**Up to 10.5 hours of CEUs available.** Applications are filed with the International Gambler Counselor Certification Board and for alcohol and drug counselors, licensed professional counselors, psychologists and social workers.

**Registration scholarships will be awarded to prevention specialists and counselors with Kentucky Regional Prevention Centers (RPCs) and Community Mental Health Centers (CMHCs).** All attendees may apply for registration-only scholarships. Details are in conference registration fillable form below. Please complete, save and send to [kmstone1951@gmail.com](mailto:kmstone1951@gmail.com).

The link for virtual access to the Conference program will be sent to registrants March 4, 2024.

**All attendees must register.**

KENTUCKY COUNCIL ON PROBLEM GAMBLING 27TH ANNUAL EDUCATIONAL AND AWARENESS CONFERENCE

## REGISTRATION

- ☀ \$75 full conference registration fee for KYCPG Members and members of state councils on problem gambling affiliated with the National Council on Problem Gambling (NCPG) (Member Daily Fees -- March 7: \$60; March 8: \$30)
- ☀ \$100 full conference registration fee for Non-Members (Non-Member Daily Fees -- March 7: \$75; March 8: \$45)
- Registration fee includes continental breakfasts, lunch, breaks, all conference materials/handouts, CEU application fees, and virtual access if needed.
- \$25 late fee added to registrations received after Feb. 23, 2024.
- Please send complete registrations with cash, check, money order or purchase order (payable to KYCPG) to KYCPG, P.O. Box 4595, Frankfort, KY 40604-4595. If applying for registration-only scholarship, please check box below; do not send payment, but **registration form is required.**

**NOTE: Credit Cards cannot be accepted. Payment must be made by cash, check or money order only.**

**Applications for 10.5 hours CEUs filed with professional certification boards.**

Name: \_\_\_\_\_ Credential: \_\_\_\_\_ Job Title: \_\_\_\_\_

Organization/Agency: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

### PLEASE CHECK APPROPRIATE BOX:

Member Registration, \$75	<input type="checkbox"/> OR	Member Daily Fee:	March 7, \$60	March 8, \$30	<b>Applying for registration-only scholarship (see below)</b>
Non-Member Registration, \$100	<input type="checkbox"/> OR	Non-Member Daily Fee:	March 7, \$75	March 8, \$45	

**ACCOMMODATIONS** are available at the Holiday Inn Riverfront, Owensboro, KY. The rate is \$139 single/double, plus tax. Call 270/683-1111 for reservations. Identify attendance at Kentucky Council on Problem Gambling conference. **Cutoff date for group room rate is February 14, 2024.**

**SCHOLARSHIP INFORMATION:** To request a registration-only scholarship, complete registration form and send to KYCPG, P.O. Box 4595, Frankfort, KY 40604-4595, with a brief statement of need for scholarship consideration; or e-mail a copy of completed fillable PDF registration form and brief statement of need to [kmstone1951@gmail.com](mailto:kmstone1951@gmail.com). **DEADLINE FOR SCHOLARSHIP APPLICATION IS Feb. 23, 2024.**

**By Monday, March 4, 2024, registrants will receive by e-mail a link to access the virtual program.**

# Improving Awareness and Treatment of Gambling Disorder

Kentucky Council on Problem Gambling (KYCPG)  
27th Annual Educational and Awareness Conference  
Owensboro Convention Center, Owensboro, Kentucky  
March 7-8, 2024  
With Virtual Attendance Opportunity Available

Presented by



## Agenda

(Note: All Times Central Standard Time)

### Thursday, March 7

- 7 a.m.           **Registration (Continental Breakfast Available)**
- 8:30 a.m.       **Welcome**  
-RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT, Clinical Director, Boulware Mission, Owensboro, KY; and KYCPG President
- 8:45 a.m.       **Keynote Address: Using Science to Improve Gambling Disorder Treatment, Part 1**  
-Jon E. Grant, J.D., M.D., Professor of Psychiatry & Behavioral Neuroscience, University of Chicago
- 10:15 a.m.      Break
- 10:30 a.m.      **Keynote Address: Using Science to Improve Gambling Disorder Treatment, Part 2**  
-Jon E. Grant, J.D., M.D., Professor of Psychiatry & Behavioral Neuroscience, University of Chicago
- 12 p.m.         **Awards Luncheon**
- 1:15 p.m.       **Panel: Sharing Their Story, Gamblers in Recovery**  
Moderator: Curtis L. Barrett, Ph.D., ABPP, ICGC-II, Professor Emeritus-University of Louisville; and KYCPG Professional Adviser
- 2:30 p.m.       Break
- 2:45 p.m.       **Suicide Ideation Screening and Response**  
-Gerrimy Keiffer, MSW, CSW, Community Health Evaluator & Population Health Liaison, RiverValley Behavioral Health, Owensboro, KY, and KYCPG Board Member

## Thursday, March 7, continued

- 4 p.m.        **The Kentucky Problem Gambling Assistance Program**  
-Emily Flath, MPH, Mental Health Promotion/Problem Gambling Program Administrator,  
Promotion, Prevention, and Preparedness Branch, Division of Mental Health,  
Department for Behavioral Health, Developmental & Intellectual Disabilities
- 5p.m.    **Recess**

## Friday, March 8

- 7 a.m.        **Registration (Continental Breakfast Available)**
- 8:30 a.m.    **Concurrent 1: Case Studies of Gambling Addiction**  
-RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT,  
Clinical Director, Boulware Mission, Owensboro, KY, and KYCPG President
- Concurrent 2: Gambling, Gaming, and Emerging Technology: Overview, Screening, Assessing,  
and Treating, Part 1**  
-Gerrimy Keiffer, MSW, CSW, Community Health Evaluator & Population Health Liaison,  
RiverValley Behavioral Health, Owensboro, KY, and KYCPG Board Member
- 10:15 a.m.    Break
- 10:30 a.m.    **Concurrent 3: Gambling and Problem Gambling in Kentucky; Public Messaging Impact  
on Problem Gambling Helpline Services**  
-Scott Hunt, Ph.D., Associate Dean, Eastern Kentucky University, College of Justice, Safety  
and Military Science, and KYCPG Board Member
- Concurrent 4: Gambling, Gaming, and Emerging Technology: Overview, Screening, Assessing,  
and Treating, Part 2**  
-Gerrimy Keiffer, MSW, CSW, Community Health Evaluator & Population Health Liaison  
RiverValley Behavioral Health, Owensboro, KY, and KYCPG Board Member
- 11:15 a.m.    **Certification: Gambling Counselors, Peer Recovery Specialists, Clergy**  
-RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT,  
Clinical Director, Boulware Mission, Owensboro, KY, and KYCPG President;  
International Gambling Counselor Certification Board Member
- 12:30 p.m.    **Adjourn**
- 1:30 p.m.    KYCPG Board Meeting (*Invitation Only*)

**FUNDING for some sessions made possible by the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID).**

**10.5 hours of continuing education units (CEUs) are pending by the following:**

**KY Board of Licensed Professional Counselors, International Gambler Counselor Certification Board, Kentucky Board of Social Work, the Kentucky Board of Psychology, Kentucky Board of Alcohol and Drug Counselors**

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Presented by the Kentucky Council on Problem Gambling (KYCPG)**



**with Sponsorship Support from the Kentucky  
Department of Behavioral Health, Developmental  
and Intellectual Disabilities**

**Owensboro Convention Center, Owensboro, KY  
March 7-8, 2024**

**Welcome and Historical Review**

RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT,  
Clinical Director, Boulware Mission, Owensboro, KY; and KYCPG President

Dr. Clark will welcome attendees on behalf of the Kentucky Council on Problem Gambling (KYCPG).

**Learning Objectives:** Make attendees comfortable; introduce speakers; explain evaluation procedures.

**Keynote Address: Using Science to Improve Gambling Disorder Treatment**

Jon E. Grant, J.D., M.D., Professor of Psychiatry & Behavioral Neuroscience, University of Chicago

Research has begun to understand the neurobiology of gambling addiction, the cognitive underpinnings of the behavior, and the genetics that may give rise to gambling problems. This presentation will discuss what is known about the underlying biology of gambling behavior, how to clinically use this information, and how to improve treatment outcomes using the science of the brain.

**Learning Objectives:**

- The presentation will discuss common neurochemicals implicated in gambling behavior;
- It will examine the complex relationship of social development and genetics and gambling behavior; and
- It will lay out evidence-based approaches to gambling disorder that are based on understanding the brain science underlying gambling behavior.

**Panel: Sharing Their Story, Gamblers in Recovery**

Moderator: Curtis L. Barrett, Ph.D., ABPP, ICGC-II, Professor Emeritus-University of Louisville;  
and KYCPG Professional Adviser

Gamblers in recovery from their addiction will participate in a panel discussion moderated by Curtis L. Barrett, Ph.D., who has been certified as a gambler counselor for 30 years. They will discuss their addiction and how they have recovered their lives, with implications of how professional counseling can support the recovery.

**Learning Objectives:**

- Learners will be able to differentiate traditional “external diagnosis” of gambling addiction from “internal diagnosis” of gambling addiction;
- Learners will be able to cite at least one example of a gambling addict’s pathway toward successfully gaining a therapeutic “internal diagnosis” of his or her gambling addiction; and
- Learners will learn to recognize and utilize critical concepts from Alcoholics Anonymous, Gamblers Anonymous and other so-called “Twelve Step methods” that overlap “internal diagnosis” concepts.

## Learning Objectives -- 2

### **Suicide Ideation Screening and Response**

Gerrimy Keiffer, MSW, CSW, Community Health Evaluator & Population Health Liaison, RiverValley Behavioral Health, Owensboro, KY, and KYCPG Board Member

Those suffering from a gambling disorder have a higher rate of suicide ideation than any addictive disorder. It is incumbent on those providing counseling services to problem and addicted gamblers to consider screening for suicide and have the knowledge to address the possible situation. The presentation will inform attendees of screening best practices and responses.

#### **Learning Objectives:**

- To become familiar with the co-occurring rise of suicide ideation and completions among disordered gamblers;
- To identify suicidal tendencies of disordered gamblers; and
- To learn effective ways to safety plan with this population.

### **The Kentucky Problem Gambling Assistance Program**

Emily Flath, MPH, Mental Health Promotion/Problem Gambling Program Administrator, Promotion, Prevention, and Preparedness Branch, Division of Mental Health, Department for Behavioral Health, Developmental & Intellectual Disabilities

The presentation will provide an update on the Problem Gambling Assistance Fund, and it will review a Problem Gambling Toolkit.

#### **Learning Objectives**

- Provide an update on the current status of the Kentucky Problem Gambling Assistance Fund;
- Review the warning signs of problem gambling, and
- Provide resources for problem gambling assistance.

### **Concurrent 1: Case Studies of Gambling Addiction**

RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT, Clinical Director, Boulware Mission, Owensboro, KY, and KYCPG President

Presented will be anonymous but actual accounts of gambling addiction disorder. Attendees will discuss how they would proceed with treatment before a sharing of the actual treatment methods and results.

#### **Learning Objective:**

- The participant will be able to engage the gambling client in treatment;
- The participant will identify specific assessment tools to use while treating clients; and
- The participant will be able to identify appropriate person-centered treatment goals for the client with disordered gambling.

### **Concurrent 2 and 4: Gambling, Gaming, and Emerging Technology: Overview, Screening, Assessing, and Treating (two sessions)**

Gerrimy Keiffer, MSW, CSW, Community Health Evaluator & Population Health Liaison, RiverValley Behavioral Health, Owensboro, KY, and KYCPG Board Member

The lines between electronic game playing and gambling on line are blurred. The presentation will cover definitions, technology, prevalence, screening and assessment, treatment options, and the possibility that addiction to electronic game playing could transfer to gambling.

## Learning Objectives -- 3

### Learning Objectives:

- Better understand the emerging trends in video games/electronic media and its convergence with addictive behaviors, such as problem gambling;
- Recognize the warning signs of video game or gambling addiction; and
- Be better equipped to initiate discussions of these disorders and pathways to consider for treatment.

### **Concurrent 3: Gambling and Problem Gambling in Kentucky; Public Messaging Impact on Problem Gambling Helpline Services**

Scott Hunt, Ph.D., Associate Dean, Eastern Kentucky University, College of Justice, Safety and Military Science, and KYCPG Board Member

What are the statistics regarding gambling, problem gambling and gambling addiction in Kentucky? Dean Hunt will review his analysis of various state and national surveys presenting the results, explaining the extent of gambling, problem gambling and gambling addiction in Kentucky, including its impact on different demographic groups. Also examined will be the impact on the problem gambling helpline from possibly confusing messages in advertising to promote responsible gambling.

### Learning Objectives:

- Understand the prevalence of addictive and problem gambling in Kentucky;
- Understand how the rates are determined;
- Understand the call volume to Kentucky's problem gambling helpline; and
- Understand problems with industry messaging of the helpline number.

### **Certification: Gambling Counselors, Peer Recovery Specialists, Clergy**

RonSonLyn Clark, Psy.D., LCADC-S, NCC, MAC, ICGC-II, BACC, CSS, CGT, Clinical Director, Boulware Mission, Owensboro, KY, and KYCPG President; International Gambling Counselor Certification Board Member

The process for obtaining certification as a problem gambler counselor from the International Gambling Counselor Certification Board will be explained. Suggestions will be offered to improve attendees ability to pass the certification exam.

### Learning Objectives:

- Participants will become familiar with the process of certification from the IGCCB certification board;
- Participants will learn about the requirement for each level of certification; and
- Participants will be able to better prepare for the counselor certification exam.